

# No Cost Workshops for Youth July & August

## **CAREER TRENDS AND PLANNING**

Information on career trends and how to prepare yourself for these opportunities.

Wednesday, July 15, 3:00 pm - 4:00 pm

## **BANKING ON YOUR FUTURE FINANCIAL EDUCATION 101**

Basics of Banking and Budgeting.

Tuesday, July 21, 3:00 pm - 5:00 pm

Tuesday, August 11, 3:00 pm - 5:00 pm

## **TECHNICAL/VOCATIONAL PATHWAYS**

Information on how technical/vocational training programs can lead to careers.

Wednesday, July 22, 3:00 pm - 4:00 pm

## **REALITY CHECK - CHOOSING AN OCCUPATION**

After high school, you will need to pay for housing, transportation, clothing, etc. You'll need to earn money. This is a "hands-on" online workshop that gets you thinking realistically about your occupation choice.

Thursday, July 23, 3:00 pm - 5:00 pm

Thursday, August 20, 3:00 pm - 5:00 pm

## **HOT CAREERS**

Information about the most popular jobs, highest paying jobs, jobs that are in demand now, and those that will be in demand in the near future.

Wednesday, July 29, 3:00 pm - 4:00 pm

## **BANKING ON YOUR FUTURE FINANCIAL EDUCATION 102**

Savings and checking accounts and the power of credit.

Thursday, July 30, 3:00 pm - 5:00 pm

Tuesday, August 18, 3:00 pm - 5:00 pm

## **MONEY MATTERS**

Find out how to afford the future lifestyle you want and explore what options you have to achieve it. Additional money related topics to be covered as well.

Wednesday, August 5, 3:00 pm - 4:00 pm

## **RESUME PREPARATION**

This step-by-step process will assist you in producing an effective resume. When you approach an employer, you will be prepared to get that job!

Thursday, August 6, 3:00 pm - 5:00 pm

## **TIME MANAGEMENT AND WELL BEING**

Receive information and tips on how to better manage your time.

Wednesday, August 12, 3:00 pm - 4:00 pm

## **NOTE AND TEST TAKING**

Tips and techniques for taking better notes.

Wednesday, August 19, 3:00 pm - 4:00 pm

## **STUDYING AND MEMORY TECHNIQUES**

Tips on improving the way you study.

Wednesday, August 26, 3:00 pm - 4:00 pm

**All workshops will be held at the Youth Opportunity Center.**

**For more information or to reserve a seat, contact:**

**YOUTH OPPORTUNITY CENTER**

**3447 Atlantic Avenue**

**Long Beach, CA 90807**

**562.570.4700 / TTY 562.570.4629**



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